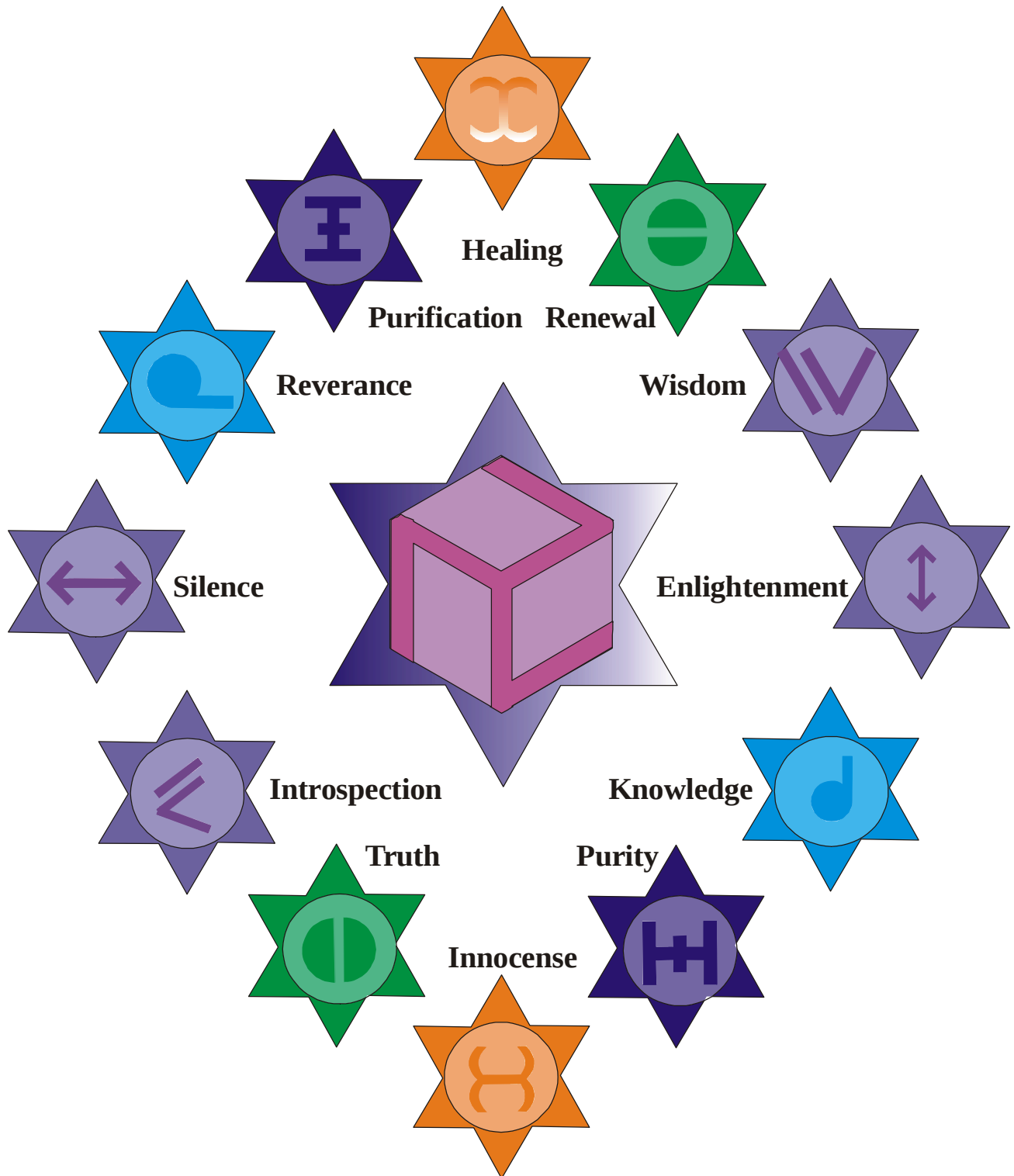


The Ceremony of the Stars

“The Sacred Folk upon the land
are those Star Folk who receive
their energies from their stellar homes
through Ceremony with the Stars.”

CEREMONY OF THE STARS

The Four Doors of Metatron



WAZIYATA

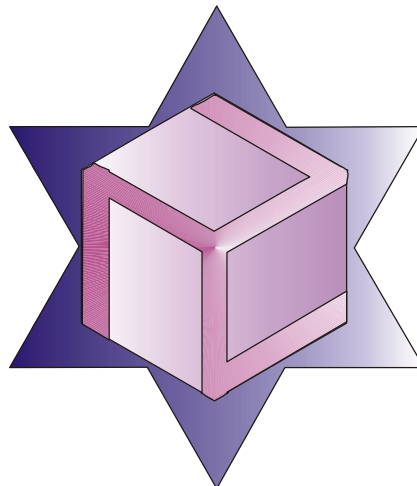
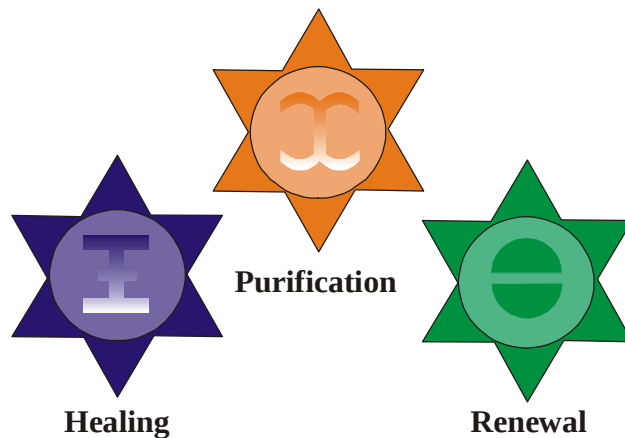
TIYOPA TOKAYA

The Universal Laws:

*The Universal Law of Innocence, Truth and
Family*

The Universal Law of Change

The Universal Law of Symmetry



The First Ceremony of The Stars--The Doorway of the Heart

The first door of Metatron is the Door of the North. This is the energy of the Stellar Nations - the Cosmic Ocean. The First Door is the Door of the Sacred Waters - the Healing Waters of Life - which are the energies from the Great Central Sun through the many Star Nations.

The Sacred Folk upon the land are those Star Folk who receive their energies from their stellar homes through Ceremony with the Stars.

The First Door is the Door of the Heart. Thus, the first Ceremony of the Stars is this Doorway of the Heart. The North brings the healing energies of Mother Earth's Sacred Ones - Tunkasina, Unci - the Grandfathers and the Grandmothers, the Healing Powers of Water, the Prayers of Buffalo, the Strong Red Road Nations Walking for the People, and the Sundance Tree. This is the first door of Metatron, the Door of the Heart.

Now, in this door we will deal with ceremony with these Star Symbols as we will in each of the doors. The focus of this First Door is to heal the Heart, to heal the Heart of those present and to heal the Heart of Mother Earth. Healing the Heart of Mother Earth is connecting with her Love.

Thus, through the Sacred Language of the Star Symbols, we may speak to Mother Earth and heal her Heart, heal *our* connection to the Heart of Love as our Mother.

So, we would say, "Standing Elk, choose a symbol that is for the Healing of the Heart."

Standing Elk responds, "Owioste, that Love."

Then, Law of Love shall be the first symbol to be called in.

Yet, among the twelve of the doors, Law of Love is of the yet to come. So, we must choose from among these twelve which Spirit has given thus far.

The doors of Many Faces have to do with these first twelve symbols. These symbols represent the Wheel of Humanity. In each direction of the Wheel of Humanity, there are three Spirit Helpers known as these symbols. The Truth is, is that all twelve symbols are perfectly interchangeable. This is why the hundred and forty-four (144) is true.

When you master the twelve within the twelve through this Star Language and through the walk of the Medicine Wheel, your Star Nature is born.

There is a Thirteenth Walk that is embodied in the symbols yet to come - the Spirit Symbols.

So, Standing Elk, choose, for the Healing of the Heart, one of these six Universal Laws or six Spiritual Laws that have been given to us.

Standing Elk selects, “Universal Law of Innocence, Truth and Family.”

This is the first Star Helper to be invoked. It is invoked in the Spirit Doorway of the North for the Heart. So, this shall be the first symbol: *Universal Law of Innocence, Truth and Family*.

This particular Star Symbol is a healing symbol as well. It heals the Heart. It heals the Spirit and heals the Family.

So, for application, we would suggest that this symbol be placed on the back of the entrance doors to a dwelling place. All entrance doorways, on the inside of the dwelling, on the door, have this symbol. This will set the Law of Innocence, Truth and Family as the Law of the Lodge. This is also the Medicine of the North Doorway.

It is also suggested that a Crystal Altar be made with this Symbol which calls forth the Universal Law of Innocence, Truth and Family. This would be an altar for the inner home or the Sanctum. We also see that a Stone Circle with the symbol within the circle, out in nature, in the woods, to bless an area. These are three powerful ways to heal the Heart through the use of this symbol.

The first way *heals the Heart of the family* by setting the law at the doors: you see them every time you go out, and you remember them when you come in.

The second way, the Crystal Altar, in the *inner holy reaches of the home* where your altars and ceremonials reside, a Crystal Altar in the shape of this symbol with a crystal circle around it as well, if you wish. This is a way to bless the *innocence* within the home.

The Circle of Stones creating an altar for the Animal, Tree, and Stone Kin, a natural altar out amongst them would allow this Universal Law of Innocence, Truth and Family to heal the Heart of the Land through the energy of Divine Truth.

Each door shall have a trinity of symbols- a trinity of Sacred Laws - and each law a trinity of applications. *It creates a calendar, a sacred walk with the star symbols*. It is an Inner Star Path.

It is a *recreating of your values* as well.

Many people have difficulties with values and understanding what values are. The Universal Laws teach the foundations of values and then the people’s free will and

desires grow. These twelve symbols work. This is a blessing which this language and this Sacred Walk, this Ceremony of the Four Doors brings.

We ask Sister Two Stars to choose one of the laws to heal the Heart.

Two Stars selects, "The Universal Law of Change."

Strong choice, good choice. Yes, again this is a Yin energy, a Grandmother Holy Mother energy.

The symbol looks like the Butterfly, does it not? Very powerful symbol indeed; for when you would invoke this symbol into a room by even drawing it in the air, *instant vortex of four door change happens*. It is the four doors that begin in the East and go 'round to the Northeast.

Quick change. Instant transformation. This is one of these powers of this Universal Law of Change - *Sacred Language symbol*. It helps one realize how powerful these Star Rods are because they contain the symbols in a *geometric alignment*.

We speak of this particularly with this symbol, this Butterfly Symbol, *change*, because it draws the primal forces to a conclusion, a beautiful unfolding like the kaleidoscope. This is when you invoke the symbol in the room with you or out in nature before your body by simply drawing it in the air. When this ceremony is enacted in the Etheric, it's important to know that you are responsible to be with it for a little bit.

So, in this case, the changes in the Heart. **We invoke the Universal Law of Change, the Butterfly Medicine, to change the Heart of this Starship here.**

Let the Heart energies be full. This is a way to bless a space - invoke this symbol especially within the Heart does bring graceful changes.

This symbol would be a good symbol to also treat in a similar way to draw in the Etheric with the palm Chakra, golden, silver, clear white and brilliant rainbow light. This is good to draw that symbol as well in areas of Mother Earth where the Land has been hurt. Then the Law of Change will bring a beautiful Butterfly transformation for those areas.

Go and sit with a piece of land that is in need for but *ten minutes* and draw this symbol and allow the Laws of Change to heal the Heart of the Land that is there - the Spirit of the Land. In ten minutes' time of *prayers* and a song or two or simply Silence, the Land will begin its transformation and you may go your way to seed another Cosmic Star upon Mother Earth.

The Butterfly Symbol also can be visualized within you for another purpose altogether: *to give you wings*. It will lift you. It will bring the Air Spirit within you if you

call upon the Butterfly Air Spirit to fill you. This strengthens the wings of your Angelic Radiance. It strengthens your connections to the Sacred Bird Clans. It purifies your Angelic Presence just by visualizing this symbol Within and calling on Grandmother Butterfly, asking for the Sacred Air again.

For the Universal Law of Change, we say that *it can heal the Heart of a home* by invoking it amongst the family, by drawing it in the Etheric in your living room and calling upon the Spirit of the Butterfly to bless you.

In four days, four months or four seasons, the full blessing of transformation will have completed a Heart transformation within the family. Take this sacred sign out into those hurting places, like construction sites and such things and invoke that symbol for the healing of the Land. In four seasons that Land will be healed, if you but sit with the Land and the Medicine for a short spell of prayer and song of thanks. So, too, can this Universal Law of Change be invoked within you and will bring the Sacred Breath to feed the cells, organs and the *light body* that you are.

We invoke the power of the Universal Law of Change to heal our Hearts, to heal the Hearts of the Home, to heal Mother Earth.

To invoke the image of a symbol either in the mind or through the pinning it in the air through that Chakra of the Hand, or be it through Altar or Medicine Wheel, the *power* of the transformation is there.

Thus we say and ask SilverStar, “Among the ten yet left of the symbols, which symbol calls to you for the healing of the Heart?”

Hau, SilverStar.

SilverStar says, “The Universal Law of Symmetry.”

Brave and courageous choice as well.

Yes, indeed, invoke this law, this Universal Law of Symmetry within your Heart as a glowing essence. For, the power of the human being is also to use these symbols as glyphs - Glyphs of Power, Glyphs of Healing, and Glyphs of Love.

So, this Universal Law of Symmetry can appear within the Heart as a Starry Glyph. Allow its Medicine to radiate in the Heart. The action and effect is physical. The shifts within the tissues of the Heart are to open the Heart to more spaciousness, to expand the Heart in Light and Love and to unite through the Heart to the Heart of All.

These three powers, these three awakenings happen when this Universal Law of Symmetry is invoked within the Heart.

Universal Law of Symmetry, also healer for the Land. It is a symbol to draw in the sand with a circle about it for ceremony with the land - the dirt, the sand, the mud that's there - to invoke for a duration, be it ten, fifteen, twenty minutes (depending on the desire for healing, and the need of the day). *Pray that the energy of this symmetry will open the portals of Heaven and Earth and help unite the Land with the Spirit through the Star Brethren and Sisters and through the Devas and Elohim. That, the kingdoms above and these kingdoms of Mother Earth here do unite for a time and heal.* Should the focus be until permanent connection, some land can be completed in one visit, some cannot. That reconnects that Land with *the above as it is below* and we have the Circle of Life, the Tree of Sacredness, whole again. Thus, by drawing in the dirt and calling the Holy Mother, Universal Law of Symmetry does heal the Land.

We also see that this symbol as a paste-up on the wall used in every office building where too much head stuff goes on, because this symbol of Symmetry *aligns the being.* By seeing this symbol, *your physical, emotional, mental and spiritual bodies all naturally align.*

This symbol, because of its potency, can in no way be altered. Therefore, it can be distributed among the peoples to help heal those who are too far lost in mind to be grounded within the totality of who they are. The symbol could be made into a calendar mandala. Some creative aspect to make this symbol one that's seen very often would be good. Indeed the spaces within the symbol, as the spaces without, can have sacred beings peeking out from there. We are suggesting the artistic application for the healing of the people.

The Universal Law of Symmetry aligns the Earth plane with the Spirit plane. It aligns the Alpha-Omega so that when the Tree of Life does send forth the Fires of Love, that Earth and Sky are one, duality is ended, and Fifth World has begun.

This Universal Law of Symmetry within the Heart does heal and align the Heart and Heart Channels of your own Sacred Tree. It does connect you from the Center of Universe through the crown, sacrum, and to Mother Earth. It does connect you as one Mind, Spirit and Heart.

The first application - it has already been spoken - the first was within the Heart. The second application is to draw the symbol in the sand, dirt and Earth to heal the Land. For, as in the first application within your Heart, this symbol of Symmetry connect you with All That Is. So, when you sit as Earth Guardian, invoking this power in the Land, dost the Land also receive her connection to All That Is.

Third, to create an image and to gaze upon this image, as the image does heal the Mind, and allow the Mind to settle into the Heart. *"As above, so below,"* the Mind must be fully Heart.

This symbol of the Universal Law of Symmetry does awaken the Heart in the Mind again. This is what is called *Original Mind*.

The three powers of the North for the healing of the Heart, the healing of the Heart *within* for individuals, the healing of the Heart within the Spirit Kin that surround us, healing of the Heart for Mother Earth.

The North Spirit Doorway of healing, renewal and purification amplified by the powers and through the ways of Universal Law of Innocence, Truth and Family, Universal Law of Change, Universal Law of Symmetry.

The North Spirit Pathways are the pathways for purification, healing and spiritual renewal. These are the three doorways within the Heart, and indeed purification has been called forth through the Universal Law of Innocence, Truth and Family. Healing has been called in for the Heart through the Universal Law of Change. Renewal of the Spirit and Body has been called in through the Universal Law of Symmetry.

Ite Otapi, mouthpiece for Metatron, Cosmic Intelligence and Keeper from Great Central Sun, Brother in Twin Galaxy to Milky Way, dost invoke the powers of the North and send them forth to heal the People, to heal the Relations, to heal the Land.

This first door, the Door of the Heart, is now complete. It is an initiation of Cycles of Energy that will bring about the Healing of the North.

Now, in considering the four ceremonies of this four doors, do consider the time between, for this is the time span of the transformation.

These Four Doors of Metatron, of Ite Otapi, shall be in a two day phase: morning - evening, morning-evening or as 11/11 Spirit Time doth speak, and the needs of the people does pray.

We give thanks for this first door invoked in the name of Melchizadek Zakaron that one known as Metatron.

Hau! Mitakuye Oyasin.

WIOHIYANPATA

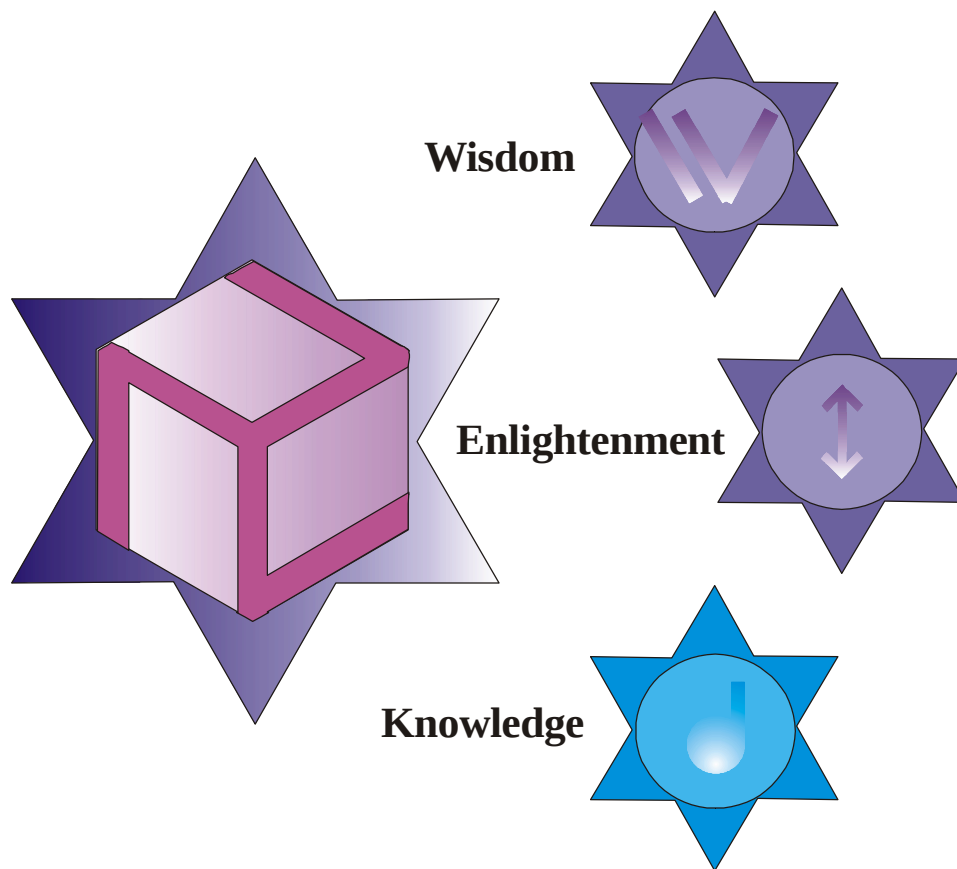
TIYOPA INUMPA

The Universal Laws:

Universal Law of Free Will

Universal Law of Life

Universal Law of Movement and Balance



The Door of the Mind

Greetings my relations, it is good to be with you again.

This is Ite Otapi. Are we prepared for the Second Door?

The Second Door of Metatron is the Door of the East. It is the door of the Mind. It is the door with three gates: Gates of Wisdom, Enlightenment and Knowledge.

Many times it has been said with the strength of a thousand voices, that *Original Mind* is the key to the Kingdom of Life. This is because Original Mind springs from the Pure Heart. The Mind is the mirror, clear mirror, for the True Heart. This is what we call Original Mind.

From the East, the People may receive the Sacred Wisdom, Enlightenment, and the Knowledge that will transform their worlds. First, they must prepare their Minds as a crystal mirror. This is what this ceremony of the Second Door of Metatron opens and calls into being.

The first doorway is the Doorway of Wisdom. Wisdom is the Sacred Fire of the Heart which expresses through the clear Mind. This is Heart Truth and Wisdom.

Therefore, for the first gate of the East Door we would ask Two Stars to select one of the remaining nine Spiritual Laws or Universal Laws for this Wisdom Gate.

Two Stars, "Universal Law of Free Will".

Will that be Spiritual Freedom of Man or the Universal Law of Free Will?

Two Stars, "Universal Law of Free Will".

The access to Sacred Wisdom is through the expression of your choices and this is the power that Free Will grants. Therefore, this symbol draws forth the energy of the protection of Sacred Choice.

You may carry this sign as a Shield of Freedom. Perhaps you will make yourself a button with this symbol on it. One of those little buttons that were common during The Sixties perhaps. Wear the Universal Law of Free Will as your shield or perhaps it would be embroidered into a cloth and placed on a bag or shirt. In many ways wear this Shield of freedom and the Universal Law of Free Will shall provide a clear space for you to *choose in every moment* the path that you wish to take.

Its shielding properties will block off all information which bombards moment to moment of every day, which tends to confuse the clarity of the mind. Thus, the first

property of this Law of Free Will is as a Shield of your Sacred Choices. Being the shield, it will protect your mind's stillness, that your choices will follow that Heart and Original Mind that is spoken of.

This Universal Law of Free Will, its sign and symbol, has a power which can clarify the Minds of those that are confused. Perhaps it will be called a healing ceremony, when a Symbol Carrier will work with another individual who is trying to find clarity in their life. As the Symbols Carrier, you would physically, by holding hands, connect with the person who is seeking clarity.

Through the Heart and the Mind, project the energy and the form of this symbol. Through the energy of the Star Knowledge of Free Will passing through this symbols carrier's life stream, the Mind of the one who was confused will quickly still. The thoughts that were jumping up and down within that one's Mind will begin to take definition. It allows an individual who has been confused to see the options of choice. This is a healing facility, through the use of this power of the Universal Law of Free Will.

As it has been said by the Arcturians, this symbol carries the Frequency of Freedom. They have for centuries called forth the Energy of Freedom and Mercy through this law. So too, in your healing temple, you can set a cornerstone, be it a quilt that will be on the wall, or the symbol buried in the earth beneath the doorstep, or be it - for those who are extra energetic - burial of a bundle with this symbol in the Four Directions of that healing temple. With purpose, this grounds the energies of Freedom within that space.

Each symbol has its gifts and talents within each of the doors: these Four Directions of Metatron. *In the directions of the Mind, the Universal Law of Free Will, grants a Shield of personal protection, grants the gifts of healing clarity through the Freedom of Mind, and grants the gift of sacred space that is dedicated unto the Freedom Flame of Mercy, Compassion and Grace.*

All three of these gates lead unto that Wisdom of which we have spoken. It is wise to have a safe space for your sacred choices, is it not? Especially for those who need to move very quickly, the choices need to be sure, even still.

Laying the foundation of this symbol around and perhaps beneath a healing center, will bring in the energies of those masters of the Seventh Ray. Those who will come include beloved Quan Yin, one of the Mothers of Mercy, and Immanuel, the one who walks with the Christ Flame, Archangel Raphael, Archaeia Holy Amethyst and the Archangels of the Seventh Ray, and the Elohim Beings who come from Arcturus.

So, if you were to pray for Free Will to set the Mind free, this is saying that indeed, your sacred choice guides your sacred path and this is the Gate of Wisdom.

The Second Gate is a gate of the Light Streaming of Enlightenment. It is the energy of the *awakening of the mind*.

We will ask SilverStar, which of these Spiritual or Universal Laws will you call forth for this gate?

Silver Star, "The Universal Law of Life."

Yes indeed, the true connection to enlightenment is that connection to the Heart of Creator. It is true that Creator's Mind is the image of our Mind. To invoke the power of the Great Central Sun to clear the Mind and to heal the glands and processes of the brain, is again a very bold step because this Universal Law of Life, Connection of Creator to Human Being, opens to each individual their own Sacred Tree of Life as they are united unto the Universe.

Therefore, we would speak of the application within again: visualize this symbol which appears like the two-headed arrow rising and falling at the same time from the tail of the coccyx to the tip of the crown.

With the line of this symbol, through your center vortex, that Lifestream that flows down the spinal column will indeed connect your Sacred Heart to the Great Central Sun, and your Sacred Heart to the Heart of Mother Earth.

In doing so, the Mind is naturally clarified, because the difficulties which warp, bend and clutter the Mirror of the Mind are found within the sub-conscious body. This subconscious has been known as the four lower Chakras: the Root Chakra, the Sacred Chakra, the Solar Chakra and the Heart Chakra. Most of the difficulties are experienced in the lower three. Once the human being reaches the Heart Chakra, Love and compassion become a way of life, Freedom and Service become their salvation.

Therefore we would say, internalize this energy by visualizing the Sacred Symbol - Universal Law of Life - in order to clean out the difficulties of the sub-conscious, because this connects the Heart directly to the Heart of Mother Earth, going straight through the subconscious bodies and clarifying them as the energy passes.

It is what you call an instantaneous grounding. Purifying the lower minds ensures that the Higher Mind can be clear.

We would also suggest the application of this Law of Life within those Structures of Society that are vertical structures, those that are set aside as shrines, megaliths, obelisks and such - the Washington Monument if you will. These are antennas which direct the flow of the Mind of Humanity for they are receivers and transmitters of Life Force Energies as well.

Thus, within these structures you may create a Star Tetrahedron with the heart of this star as this symbol, both ascending and descending. Again, this is on the Etheric plane.

By setting this symbol within a monument or shrine, it will transform that monument into to a lifeline between the Heart of the Mother and the Creator of the Great Central Sun. This symbol will purify whatever a monument is dedicated to, so that its energies flow unto all that is connected to it, with the Love, the Original Love, and the Original Mind of Spirit. This antenna will become an antenna of Light and will help clarify the Great Mind of humanity, so that the individual Mind can choose Sacred Path clearer and in that Freedom spoken of.

This symbol, Universal Law of Life, is also a power for growth: Spiritual, mental, emotional and physical as it connects all the aspects of life. Therefore, if you have a growing one in your family - be it the child in the womb, the newborn, the growing two-year old, the seven year old, the teenager - or be it perhaps for those special times of quick growth for the adult - (in the American culture) this may be that mid-life crisis, retirement, or graduation of one sort or another - that this symbol, if placed above the bed where the individual sleeps, will create a harmony in the Dreamtime that will allow their inner growth to mesh with their outer growth.

This allows the inner richness of spirit to manifest through their physical form. The Mind is a large part of the Dreamtime, so does this symbol bring a clarity to your travel in the Dreamtime World and thus bring to you the visions from Creator's Heart and assist you on your Path of Ascension - through service, giveaway, and clear choice.

Thus, at the Gate of Enlightenment, does this symbol and this Law of Life shine and bless from within; this symbol connects the Heart to the Great Hoop of relations and empowers the individual with the energies of Earth and Sky.

In conjunction with Sacred Sites and shrines of a vertical nature, this Law and its symbol does purify that shrine and transform it into that clear image of Creator's Heart that is broadcast to the people.

We would say that this is particularly important because there are many vertical shrines. There is much healing necessary within the Greater Mind of humanity.

The third application: This symbol is a dream guide for its connection to worlds beyond and worlds within. Thus, it helps you travel safely and in the Light, to where you need to go.

Thus, keep the connection of Pure Mind and Heart for your travels on the Sacred Path beyond the Body. These doorways within - within ceremony, within Dreamtime - are all Gifts of the Mind through this Sacred Gate of Enlightenment.

Through the Third Gate of the Second Door of the East, of the Mind, of the Light of the Sacred Eagle, which brings the fires of the MorningStar to the people, do we find Pure Knowledge and the Gifts of Pure Knowledge.

Thus, we would ask Brother Standing Elk to choose of these remaining symbols, one to stand in this Gate of Pure Knowledge.

Standing Elk, “The Universal Law of Movement and Balance.”

We see that you like to move quickly. Well, it is true, that should there be a stagnancy in knowledge that the invocation of this Law and it’s symbol - be it through mental telepathy, this invocation, or be it through visualization, this invocation, or be it through patterning it upon the ethers of the air - does create the quick infusion of more knowledge than those stagnant cycles can handle.

It moves everything right along, we would say. The key of balance is very important because movement must be in the walk of balance. A very simple way to bring True Knowledge into a situation, when applying this symbol within the doorway of the Pure Knowledge, is to draw this symbol in the air or to visual its power in an area and to call upon Pure Knowledge to enter. Then, within a 24-day cycle, not only will all stagnancy be removed but it will transform into unseen Flowers of Paradise.

This is the Power of the True Understanding. The True Knowledge of any situation can emerge through the Universal Law of Movement and Balance.

We would also suggest, as an application of this Universal Law, for a disk bearing its symbol to be placed under the seat of those that move too quickly. This is that they may absorb the energies of *balance* with their movement. For truly the quick movement in the physical is due to quick movement in the Mind.

Whereas the Heart has a rhythm that follows the waters, the Mind moves with lightning speeds-at the speed of thought. So, if one of your brothers or sisters are moving too fast for their own good and are in need of some *balance* with their sacred path in their day-to-day walk, very simply place this disk with this symbol under their driving seat. Even while they are chattering away and moving a great rates you will notice an instantaneous process of grounding. Those brothers and sisters that were moving too fast for their own good and their own clarity will soon find themselves at rest and probably asleep. They will be so tired from their endless search.

For, through the doorway of Pure Knowledge, this Universal Law of Movement and Balance can ground the swirling thoughts that drive the human vehicle beyond it’s wisdom and can ground and *balance* the energy of that one moving too fast, as it can also raise the energy of one who needs to move faster.

So, if you have mobility problems, if you have trouble synchronizing with the Flow of Grace, with the Blessings of Universe, then sit on the symbol. Its energies will *balance* the speed of your Sacred Path, by slowing or accelerating the actions of creative intuitions which do flow through the Mirror of the Mind.

We do see this symbol used in group meditations. If you have a very large streamer, you can surround your group within the center circle with this symbol. In other words, your meditation, your healing, your counseling, your spiritual, your drumming group, can sit within this symbol of the Universal Law of Movement and Balance.

The synchronicities of the group will find their *balance* and the Sacred Laws of Harmony will connect one heart to another in a joyful dance of ceremony, of sharing, and of energy.

As we see that this is a very necessary understanding for the human peoples - how to work one with another in Sacred Space, in wholesome Space, in Special Space - that sitting within this symbol, calling upon Movement and Balance, and calling upon the synchronicity that Pure Knowledge brings, that the flow of prayer from one to another, that the movements in the dance of the ceremony, and that the thoughts of the people will be One.

To facilitate this a short three minute meditation at the beginning of your group upon Movement and Balance - upon the Flowing Synergy of energy between one another - will bring about this telepathy of Mind, Heart, and Spirit that allows the Flow of the Sacred Word, that allows the flows of Heart Action, that allows the Pure Thought of Communication to bind the circle as One Being of Light, with individual expression guiding the dance as a whole.

In the Realm of Pure Knowledge, everything flows like the waters of a fountain. When you are on the outside in an unclarity, one can understand the symmetry of the fountain water drop. When you are within the movement of *balance*, that which was chaos is understood as a Flower of Life.

Certainly our ceremonies can benefit in this way. Can they not? So, from this Gate of Pure Knowledge, we see that invoking this symbol through the etheric signature in the air, or through telepathy, or through prayer within a space, can lift and transform stagnant ideas to bring in the creative flow in everyone.

We see this Universal Law of Movement and Balance can also ground an individual who is moving too quickly upon this path and accelerate those which need to move a little faster. This is the sitting meditation part.

We see that this Universal Law of Movement and Balance combines a group as one family and brings about that music which we call the Celestial Song.

This is the gift of this symbol, of this Law within the Gate of Pure Knowledge, which is that Third Door of the East of the Mind.

You can see Brothers and Sisters, each of these laws has a blessing in each of the directions. Ite Otapi is here today to show, to expound and to share the possibilities of the symbols of your choices within a particular direction. This is to seed within you the understanding of the universality of these Sacred Laws of Creator's Heart. Also, we are here to call forth the healing of the Second Door of Metatron, the Healing of the Mind.

Are there any questions?

We of the Great Central Sun, through the Portal of Andromeda, are very happy to deliver this information to you. This stellar energy of these Universal and Spiritual Laws will provide practical applications within your lives.

For, truly, these first Twelve Laws of which we are now past the first two doorways, do teach you how to walk in symmetry with the Wheel of Life and do open to you the Spirit Doorways that you may travel from the Wheel of Humanity to the Wheel of the Seven Stars.

The binding influence of these Twelve Universal and Spiritual Laws is this symbol known as the Web of Life, the *Antahkarana*. When you do call forth your ceremony to go through the Four Doors of Metatron and experience a sequence of the Star Symbols in the Four Directions of Life, this *Antakarana* does create a vortex that binds one symbol to another.

It is the Force of Spirit that connects the Twelve Disciples to the Master.

It is the Tree of Life which grows in the Orchards of the Many Fruits.

It is the Eagle which soars
carrying in its wings the four Races of Man.

It is Buddha sitting upon the Lotus
in the midst of the Mandalla of Life.

Thus, we do say thank you to our brother and sisters. For the Healing of the Mind, do we of Andromeda send forth, Universal Law of Free Will, Universal Law of Life, Universal Law of Movement and Balance, to heal the minds of the peoples, to heal the Over Mind of the Humanities, and to bless the Minds of the Kingdoms of Light. We do call this in, in the Name of our Creator, the Heart of All.

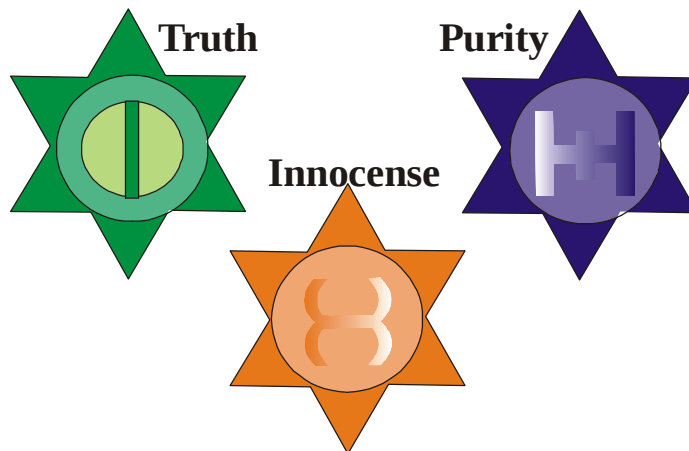
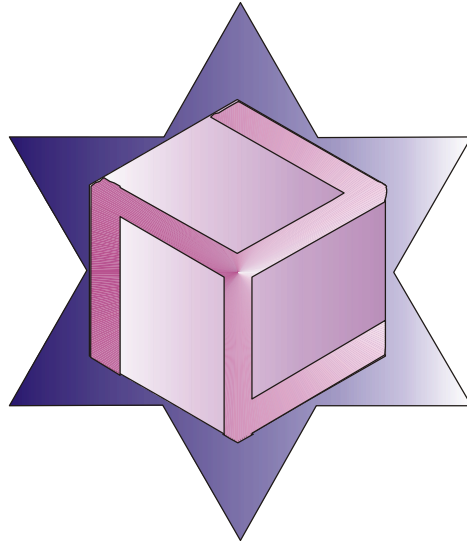
And I, Ite Otapi say, "good evening".

Ah Ho! Mitakuye Oyasin.

ITOKAGATA TIYOPA IYAMNI

The Spiritual Laws:

Spiritual Protection of Family
Spiritual Growth of Man
Spiritual Law of Equality



The Third Door of Metatron Three Gates of the South

The Door of the Body The Gate of Purity

Good Mornin', Ev'ryone, this is Mammy.

You think all the Doors of Metatron be done by Many Faces? In th' Nort' and Eas', this okay. That his territory. Down here 'n the Sout' an' in the Wes', Grandmother, Mammy here!

An' how is that mother with child over there? [Mammy asks Two Stars.]

"Good, thanks," Two Stars answers.

That's a good thing.

The Third Door is a Door of the South. It is the Door of the Earth. It is the Door of the Body. This Third Door is for the healin' of the bodies of all the Peoples through the service of this Four Directions Council - with a little bit o' help from Mammy today.

Can you understand that these first and second doors, the Door of the North and the Door of the East, they is in the men's quarters? Now you've entered in to the Holy Mother. And the Cosmic Mother's representative in the Galactic Federation is MAMMY!!!

Now this Metatron, he's a Teacher, you see. He guards over these symbols which you know as Universal and Spiritual Laws. He's a headmaster, a teacher for this twin Galaxy, takin' care of the tutorin' of the Peoples. Make sure ev'rbody taught in the Heart Way--right! But the teachers of the headmasters, they's different folk. That's where Many Faces, that Clown, and Mammy come in, as we is teachers of these Universal and Spiritual Laws.

And by "Mammy" we means the essence of all your Grandmothers put together - as one broom or fryin' pan, sometimes. Other times, the sho'tnen bread and the bath with Mammy! And, Mammy does scrubbins, too.

Now, this ceremony, we see is unfoldin' som'pin'. An' this is why Mammy had to show. That is, *we see an endin' of the cycle of duality and the healin' of the mens wit the womens*. This is what this Star Altar is a speakin'.

Now, the Third Door, again, has the Christ Flame, the three gates - Gates of the South - guarded by *Purity* and *Innocence* and *Truth*. (Sounds like a law itself, don' it?)

Now, we believe it is SilverStar, Han, Grandmother! that, it is your choice for that Gateway of Purity among these Spiritual Laws, as it seems.

SilverStar selects, "Spiritual Protection of Family."

Mammy calls on the Spiritual Protection of Family with Grandmother SilverStar. So gather 'roun the center vortex of that *Antahkarana Web* of Life and see how does this Universal Law reveal itself.

Through Third Eye you can indeed see a Star Altar that is created above this Sacred Symbol *Antahkarana*. Within that altar we find now Spiritual Protection of Family.

We see that this is an appropriate symbol to use for necklaces - to wear this symbol 'rounst the Heart, 'specially those kids - because this symbol does have the frequency to protect the *Purity of the Innocence*. Archangel Michael will be there for that. Teach the chilins about *balance*, too, 'cause the way that thing haf ta hang. It'll teach 'em when theys in *balance* and when theys leanin' too far one way or the other.

We also see that those "seesaws" could be constructed in the form of this symbol. An' *ev'rbody needs to be on that seesaw!* To learn *balance* with one another this is one of the most effective tools that the Child Nations have produced for adults to *remember to walk in balance*.

An' when you come in Mammy's kitchen, come wit your shoes clean, or, better - off. An' remember to go for your nourishment, Children.

Yes, indeed, we see that should these seesaws across the land be constructed in this way that the children will be able to do their Medicine for *balancing the purities of the world*. Ya haf ta provide the little ones some Sacred Space to do their alchemies in as well, ya know.

We see also that the construction of the *Lodge of a Peoples* - the center lodge - would be very beneficial in this shape. The Central Lodge of the Peoples, the Speaking Circles and Councils and the places of Ceremony and Thanksgiving, if in a longhouse of this construction, would make certain the Protection of their Nation through th' Angels of Gabriel that would be with each and every family.

For, you see at the center of your nation you may set a sign. If this sign be Spiritual Protection of Family, then Mammy be real happy! *Because the Purity of the Peoples is the gateway unto Eden.* [Since it sounded like Mammy said, “eaten” she repeats:] Unto Eden! [Mammy laughs.]

So Mammy see that this Univer... uh, Spiritual...[Mammy laughs and laughs at herself]. Mammy sees through Universal eyes. It a task to describe the menfolks...

...anyways, this Spiritual Protection of Family symbol would be good to put on the children that they remember about *family* and about the *Family of Light*. Fo’ dis symbol is a symbol of the *Family of Light*.

An’, we see that construction of this symbol in the play areas of the children will protect their nurturance and their growth ‘cause they is the future Seven Generations comin’! An’ we see that a nation that would choose as its center pole an altar for the Peoples of this Spiritual Protection of Family that the families of that nation would be blessed by the Archangels of LOVE! An’ this is that gateway of Purity.

We give thanks to you, Sister SilverStar.

The Gateway of Innocence

Now, for the healin’ o’ th’ Body - that Original Nature - Innocence - is the Doorway to Health. So, we would ask Brother Standing Elk to choose for that *Gateway of Innocence*.

“Aho, Unci, the Spiritual Growth of Man.”

True to the mark, dead on center. Even split a couple o’ arrows if you were in “Robin Hood.”

Yes, the Spiritual Growth of Man is the growth of that *innocent nature* that is known as *gentleness*, that is known as *loving grace*, that is known as *Mammy’s healin’ hands*, ‘Cause it’s them hands that make that sho’tnen bread, that’s the Communion Bread of our Brother Immanuel. An’ that bread is the *Bread of Innocence*.

So, we call this Spiritual Growth of Man to the center vortex that the *Antahkarana* guide its pathway.

Well, should somebody desire to grow, in their private living space, they can clear the walls, make room for ribbon symbols of this Spiritual Growth of Man on the four walls and the ceilin’. (Just gettin’ it up all right will be a teachin’ there.)

When you draw or create one of these signatures of the Sacred Laws, the energy comes out of it like from *pores*. And those waterous energies spread through the Ethers in the room or in the grove or in the ocean.

And so, to set up your room where you sleep for four nights wit these symbols about you on the walls will indeed awaken your *innocent nature* an' give your Heart some room to bre-e-e-athe! Connect each of these four symbols to a Holy One in the Four Directions and pray for their help and assistance. An', open the symbol portal on that ceilin' to the healin' of Creator's Heart. Then, for four nights, in the Dreamtime, each night with a Guardian of a Direction, you'll travel that growth - a growth of Love, a growth of *Innocence*, a growth of Heart.

We see again, to the Children that a Teacher and a Healer are one, and that the teachers of the Childrens can *emmanate the radiance* of this Spiritual Growth of Man so that all them Childrens - who is our Teachers - does land in their Bodies with their full Spirit Presence. *Teachers can radiate this energy by connecting with it in the Heart and allowing it as Golden Letters of Spirit's Writing to shine forth the Love of Spiritual Growth for the Childrens.* Den dey show ya som'pin!

We see a Growth Journal with the symbol of this Spiritual Growth of Man as the altar, shield and cover. In this journal the Peoples can chart the growth of their bounty, of their acts of Love, of their Spiritual Victories; Make a *Tome* to honor the Sacred Path with the shield: Spiritual Growth of Man.

So does the Door of the Body receive the returnin' of its *innocent nature*, the *innocent nature* that *feeds* the very cells and the DNA - the Spirit in action!

(Long pause)

(Mammy sometime get too big for herself and it send out an ocean wave, a Cosmic Frequency).

And so we's talkin' about *three holy applications* for this Spiritual Growth of Man:"

- 1) to bless the Children through the Teachers: the energy of Spiritual Awakening,

- 2) to bless the Path of the Self through four Dreamtime Journeys on the Path of Growth,

- 3) an' on a *tome*, a sacred writing of your Spiritual Path, with the signet guardian: Spiritual Growth of Man; with the signature of ARCHANGEL JOPHIEL-ARCHAIA CHRISTINE that the Light is abundant and that the Innocence does *feed* that Body and that Body does GROW, GROW, GROW.

The Gate of Truth

We say to the growin' one, Sister Two Stars, blessed one with you, the Gate of Truth, your choice among these four Spiritual Laws for the Gate of Truth.

Two Stars answers, "Spiritual Law of Equality,...Mammy."

Hau!, Child. We'll fix som' sho'tnen bread for yo Spirit right now!

Yes, we do see that the Power of Equality is takin' over the vastness an' the reaches o' th' Universe.

And, the mystery of Equality is that there is but ONE SPIRIT. That Spirit is the LIFE that grows through our LOVIN' one another.

Spiritual Law of Equality - in the realm of Truth - is the spear of Athena! 'Cause Athena stands and guards the Portals of Opportunity for the Peoples that *all may ascend to their highest destiny*. Through the Door of the Body, this highest destiny is the Ascended Light Body made up of cells full of Light Geometries - twelvefold DNA structures that within ev'ry cell of human being are the *Twelve Spirit Gates unto the Stars*. An' dese small communities of intelligences workin' all together as one to be the Body of Light which you is becomin' - all those *cells*, parts of your *self* are attaining *unity consciousness*! And this is the power of Athena's spear through this Spiritual Law of Equality.

So, we do take and invoke this Spiritual Law upon the Altar of the Web of Life and ask for its benevolence to manifest to us helps along our path.

We see first of all that the image of this in gold or in silver, in a precious metal, does bring *balance* unto the Sacred Vision of the People. An', thus, it would be a healin' tool. If an amulet of this design which honors the *equality* of all the Relations of Universe were used to adjust the vision of the People through that Third Eye, lettin' the folks get quiet with it for five minutes over that Third Eye Chakra, would create the symmetry within their Minds that would allow them to accept that they are a part of a Great Whole, would indeed open their vision of reality to the reality of Oneness.

Pretty powerful little tool.

We see this symbol of *equality* in the gardens of Mother Nature. We see circles of flowers and growths of the deep green that make this pattern in the strickly sylvan way. This symbol is a holy symbol for the gardens of life - those places in which you shall grow your food - for it calls upon all the Relations for their safety and their grace. Spiritual Law of Equality once activated in Sacred Stone or Plant will create a gatherin'

place of the Nations of the Earth. In your garden of life where you go forth to meet the Spirit Folk - the Animal Kin, the Dree Nation, the Land Beings - this is the chosen altar for that gathering.

Mammy does keep things some secret! But, yeah, make yo'self a Sacred Place usin' this symbol out among the woods, the creeks and the hills. And see what conversations you be havin'.

Mammy see, through the Portal of Truth, this Gate of the Body, that for those among you who is healers - an' that means ev'erbodies - this Spiritual Law of Equality will balance those Spiritual communication lines which are known as the gates of your spinal column. *Thus, this Portal of Ttime from whence the consciousness travels to the past, present and future can be balanced by the visualization, by the desire and by the experience of equality and reverence within each of the Gates of that Sacred Spine of Life.*

Does this make sense? It's a healin' tool for your multidimensional self. For those portals of the spine do indeed connect you with those multipersonalities that are across the Universe. In this time of becoming one, we see that this be a very helpful integration tool.

Above all things, Mammy wants the Peoples ta know that through ceremony like this Four Directions-Sacred Thirteen that the Peoples can heal the Earth.

Peoples can call on a guide like Many Faces and Mammy or the Peoples can follow their intuitional ways - all of it brings th' Circle 'roun the Mountain to the Sacred Lake! An' this Sacred Lake is the Gathering Place of the Relations of all the Kingdoms. This is why this Spiritual Law of Equality, its symbol does speak unto the Nations of the Forest and the Hill and the Stream.

Thus, in Stone, create your sacred council areas with the elders of all the kingdoms and nations. Create this healing medallion for the clarity of the Minds of the Peoples that all could understand how to walk with one another in the great dance of *creativity* called LOVE.

Journey within the Silence with this Spiritual Law of Equality, the full energy of its presence within each of the vertebrae of your *sacred time tunnel*. And then, all those *interstellar communications* that stretch forth from the very *Antahkarana Web* of Life of your Sacred Heart will be reconnected with the very Source of Life within that Heart directly to each of those vertebrae gates. An' den', what Mammy call "*full consciousness of Truth*" and your "*Universal visa*" can be put in your wallet an' become your *signature* - Spiritual Law of Equality.

These three gates - Purity, Innocence, Truth - are the gates for the healing of the Body. To heal the physical in its connections with the Spirit - that Light Body that's

comin' in! - *you must heal Purity within the individual. You must help restore that Innocent Nature. And, you must help them find their own pure Truth!*

We invoke these Star Presences: Spiritual Protection of Family, Spiritual Growth of Man, Spiritual Law of Equality for the healin's of the bodies of all the Peoples through the Gateways of Purity, Innocence and Truth!

We do give thanks, Mammy and all the Relations here present, to our Brother and our Sisters for sitting here with us. And for the energies of the Giveaway that *transpires* through your bodies as the Star Symbols awaken that *Twelvestrand* DNA that are the portals of the Spirit Doors in you. Thus, does the Energy of Spirit go forth unto your Peoples, unto the Directions through which you have *grounded* yourself, and does sit in Four-Direction Council - that is the frequency 13:20 - through the honoring of the Sacred Tree of Life as the Altar of your attention.

Thus, *Antahkarana, Sacred Tree of Life, through the invocation of the South Doorway. Let it be so.*

May all the Peoples get Mammy's sho'tnen bread!

[Standing Elk drums and sings.]

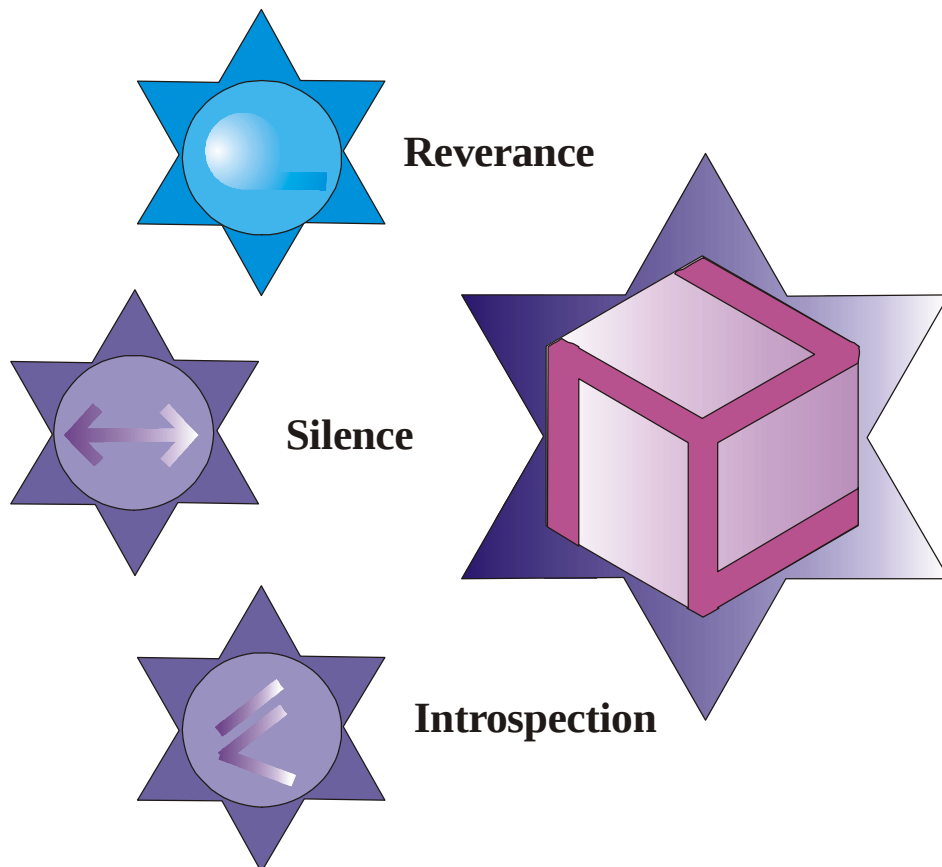
Standing Elk, "Hau! Grandma Song."

WIOHPEYATA

TIYOPA ITOPA

The Spiritual Laws:

Spiritual Freedom of Man
Spiritual Law of Choice
Spiritual Strength, Health and Happiness



CEREMONY OF THE STARS

The Fourth Door of Metatron

The Three Gates of the West

The Door of Spirit

The Gate of Introspection:

Spiritual Freedom of Man

Is you ready fo' yo' sho'tnen bread?

That fo'th do'r of Metatron is the Door of the West where the Grandmothers sit and watch ov'r thangs. It's the Door of the Spirit! So this fo'th door, it's yo sho'tnen bread 'cause it's the grace of the Grandmas poured upon ya.

Mammy excited ta be heah! Because this is a Star Integration Ceremony. An' dat integration dat's goin' on is for Mother Earth.

'Dese Twelve Laws of Spirit are descendin' like *starry powers unto the Earth!*

'Dis is de potential of the Four Doors of Metatron, when de ceremony done in balance and in beauty! And in our fourth door tonight, indeed, dese Universal and Spiritual Laws are mergin' or e-mergin' from within the Land! 'Dis part of ceremonial cleansin' dat comes forth from Solar LOVE ceremonies. An' dese four doors of Pappa Metatron dost ground the Laws of the Sacred Wheel of Humanity into the People, into the Nations and awakens that light of the Sacred Stars within Mother Earth.

Thus, we say that this Fourth Door has Three Gates. The First Gate is the Gate of Introspection - *lookin' within*. An' who is it amongst us is gonna look within for us? Mammy believe it's Standing Elk's turn.

"Spiritual Freedom of Man."

The Sacred West - the Celestial Spheres of Light that do emanate from your past - the Ancient Ones walk in the West.

So this First Door, the door of *lookin' within* the Star essence and power: Spiritual Freedom of Man. So dost we call upon *Antahkarana*, the Sacred Laws Universal, Spiritual, call in our Brothers an' Sisters of the Family of Light an' ask for this healin' in the Direction of Introspection. *Man must choose to be free to look within*. An that

Freedom, which the Peoples want, is the freedom ya find by *lookin' within*. 'Cause inside ya, Mammy there! An' she got her sho'tnen bread ready fo' ya.

But first, many o' you kids like ta see Mammy's fryin' pan - at least in her hand cookin' ya som'pin good ta eat. Truth is ya look within, Mammy dere helpin' you face yo'r fears. You lives through 'em! Just *look within!* (Mammy got ta preachin' now.)

We see this Spiritual Freedom of Man, this symbol should fly on the flag, a flag to honor a place that is free; for, Spiritual Freedom is the starting point of all Freedom. *An' when Peoples are spiritually free, dey is free indeed!*

So the Cosmic Mother got a little servant called Mammy here ta help da kids understand dat dese laws is *sacred*.

'Dis Spiritual Freedom of Man is an *energy* which the Peoples need ta fe-e-e-l within them. *An' thus, in this Gateway of Introspection, Mammy ask you visualize and internalize the power of the sacred law about freedom And visualize that symbol as a fountain of living light radiating throughout your body, the wisdom awakenin' in yo'r cells and DNA, your full consciousness of this Spiritual Law - Freedom of Man. Thus carryin' this energy within the Heart and all the chakras, Mammy does see that the Peoples' energies for the one and the family will be in balance with the Sacred Fires of Spirit that is comin' to Mother Earth for the new light bodies the Peoples is receivin'.*

[Mammy see] that this sign of freedom, when focused within and explored within the *alchemy of self*, would set the man, the woman, the child free to ascend to their light body - with ease and grace along the way. 'Dat's where the sho'tnen bread comes in.

Fo' we's wunts the Peoples ta make bread of L-U-U-U-V! An' we does see dat dis Spiritual Freedom of Man through the hands of LOVE can be made into *loaves of healing*.

PEOPLES, BAKE YO' SHO'TNEN BREAD!!

An' through the loaves of yo creativity, *feed the Peoples the Word of Life*.

Thus, in this Door of Spirit, we walk through the inner door - the one which swings both ways - an' we see the Creator there an' *all* the Peoples of Paradise dost welcome you home when ya dare ta *look within* an call on this Spiritual Freedom of Man. For, once you see your Self, you'll understand the Sacred Silence and the Music of the Spheres and the Dances of Life of the Rainbow Worlds. You'll understand the Second Gate.

We see ya puttin' forth Standards of Freedom like this Spiritual Freedom of Man on the flags of Peace (need not be whole flag but definitely there). An' we see when this *energy of freedom* that *sets the people free* is applied within, that *those chakras are set*

free. An' we do see that through the hands of L-U-U-U-V, loaves to feed the many, those that is hungry spiritually, Spiritual Freedom of Man will bless these loaves and mature a bread that awakens life.

The Gate of Silence: ***Spiritual Law of Choice***

In the West, life is the realm of *stellar silence* and the Light Dance of the Stars.

So we ask you, Sister Two Stars, to choose for us then, the Gate of Silence in the Fourth Door for the Healing of Spirit.

"Spiritual Law of Choice."

Well, that does empower one , dudn it?

Yes, Brother and Sisters, the Mystery regions dey is through the Doorway of Silence. An' dat path to the Silence is dat path of *lookin' within* at the Mirror of Self. An' den dat self seeks the Silence ta understand dose light waves dat are comin' in, and ta understand the sounds which do magnify in yo'r environments, and ta understand the changin' of the seasons and the calendars of life which do afford you a graceful path.

So dost this Spiritual Law of Choice give you access 'long dat *Antahkarana*. Dis is a travelin' altar, an altar for interstellar work to *create for yourself an altar of this energy of the law of creativity through personal choice*. An' dis altar here now will help you walk 'long dat *Antahkarana*, Web of Light, so that your stops only be in "Fairy Land" or "Happy Land" or "Dis-where-the-holy-ones-meet." Make sure, call on Corn Woman, guardian of dis Spiritual Law. An' you may ri-i-i-de dat altar along dat *Antahkarana* and find the secrets and do the workin's of your Spirit Kin.

Mammy do see also that should some *intergalactic transformation* need be done quickly that creativity with this symbol can indeed transfer great amounts of power around the Universe - a lot o' L-U-U-U-V an' sho'tnen bread!

Mammy do see dat in the Silence of the Spirit Worlds o' th' Ancestors, dat the energy of this law has the ability to reconnect us to the language and the communion with de Bird Tribes. Dat just sendin' out the feelin' o' wontins ta be wit dem with dis Spiritual Law o' Choice vibration emanatin' through Corn Woman will bring de Bird Nation Teacher ta test ya out. You'll know oncst deys come close dat youse okay. An' den reconnect wit the Wisdom Ways, for our flyin' brothers and sisters are much better space travelers dan ourselves .

An' honor the Eagle always! Messenger of Spirit! Spirit Breath! An' honor Songbird who dost bring the sweet songs of the skies to your personal neighborhood.

Thus, we do see that within the Gateway of the Silence, Spiritual Law of Choice is a powerful tool and a tool that Mammy watches over real close.

Mammy rather be cookin' in th' kitchen anyways.

Travlin' 'long that Antahkarana, you can visit yo' Star Relations an' do some healin' among yo Solar Family.

Dus, we see th' Spiritual Law of Choice. . .

(Long pause)

Well, Mammy done forgot again. Dat jus' Mammy- ol' 'nuf ta have a little bit o' memory.

The Second gift, remind Mammy of the second gift of dis Spiritual Law of Choice, please.

SilverStar replies, "We wuz way out there in the Stars an' whatever beautiful things this will allow us to do Mammy wuz sayin' how she keeps a close guard over it."

Aho! Well, we jus' trust the tape.

This door is the Door of Spirit and through the Silence, you do reach unto the Spirit. An' thus with dis symbol you can travel along the Web of Life and visit yo'r Relations of the Family of Light.

An' we do see that this symbol can be used to send energies across time and space, the energy of L-U-U-U-V to our Brothers and Sisters dat need some help.

An' we did see that this Power of Choice can call dose Star Rel'tives, the Bird Nations, to teach yaws again da langu'ge of da skies.

Dis Spiritual Law of Choice does open the secrets within dat Antahkarana. An' remember always dat the Heart, the Heart, the Heart is the Path! Th' pure path to all the worlds within the Silence. Mammy and the Grandmas will be there ta help ya out.

An' dus Mammy does call on this Spiritual Law of Choice to manifest healin' to the Peoples dat they may enter into the Silence of their own Good Will and dat through their L-U-U-U-V and their Spirit Walk, dey may manifest their Ascension and that of the Family still.

The Gate of Sacredness:
Spiritual Law of Strength, Health and Happiness

This does lead us to the Third Gate and dat's the Gate of Reverence--Sacredness! Because dat why Mammy so p'ticular about her gates. 'Cause dat Northwest is a place *where the thought becomes reality. It is the place where Light speaks to you and makes things so.* An' dus, the Peoples dey walk through all elev'n o' dem gates and dost come unto the Fourth Door unto its Third Gate - MAKAK!

We do call SilverStar to deliver the symbol for this gate.

"Spiritual Law of Strength, Health and Happiness."

Mammy don' think you got enuf sho'tnen bread in de firs' part. Dis the Law of Abundance. An' it de law of the healin' breads o' life.

Wise choice did y'all make in the patte'nin' o' th' four doors ta call about a grounding of these Twelve Stellar Energies, not just within yourselves, but within Mother Earth and her Peoples as well.

An' dus, wit de completion o' dis gate will the access to these Twelve Laws of Creator be given to all the Peoples from within their Hearts. Dis de purpose of Four Doors of Metatron: to awaken the reality of these Twelve Sacred Ways in the Hearts of the People, and ta give them the capability ta understand Sacred Ceremony with the Stars!

Spiritual Strength, Health and Happiness. Well, Grandma's there. Mammy there, too.

Remember Peoples, the Owl Grandmothers. Fo' they make soft your steps and your falls and lifts ya when ya's sinkin'.

Thus, Mammy see this symbol as a signet, a necklace as it were, or healin' piece of gold or jade or silver carried with the person ta give them strength, courage and deliverance of Archangel Michael!

We do see dat this symbol of strength is the strength of the Purity of Creator's Heart and dus do well with each o' de Peoples. We see . . .

(Long pause)

Mammy see a Sacred Spring o' hot water and to invoke dis altar before the hot spring to call on Spiritual Health. An' to H-E-E-E-A-L the Devas of the Spring. Mammy do see these waters, their properties would enliven! As the Water and the Earth herself is alive with heat and would bring healin' also for the land. Dis altar of Crystals or Stone with the Spring.

Mammy see the *gifts of laughter* as the offspring of the Spiritual Happiness of this law. That should you get a big feelin' o L-U-U-U-V in yo' Heart, an' ya wonta bless somebody - somebody that ya really L-U-U-U-V - call on this Spiritual Strength, Health and Happiness to spread that happiness to that loved one you feel. An' ta bless with prayers whatever yore thanksgivin's be.

When ya operate within the symbol o' the Twelfth Gate of the Fourth Door of Spirit, an' ya do choose to carry the signet of Spiritual Strength, an' ya do choose Starlit gatherin' with Grandmother Spring, an' ya do express yo' L-U-U-U-V across time an' space through the power of the portal of this star symbol, can bless yo' family and yo' lov'd ones and ev'ryone you is concerned for. It is for prayers of happiness and healing - for Spiritual Strength and Spiritual Health and Spiritual Happiness.

Den Mammy and all de Grandmas dey show up with sho'tnen bread. 'Cause from the Sacred Silence of the one that dared to look is found the *reverence* of the Grandmothers. An' therein do these Star Symbols three, in unity with the Sacred Twelve and the Spirit Thirteen - *Antahkarana* - call to focus the Fourth Door, the Door of your Spirit connectin' ta you and helpin' you out.

An' dost Mammy closes dis Fourth Door and does recognize all the Peoples 'round the Earth that did participate. 'Cause Mammy is the Spa-a-a-a-a-ce, the Ocean of the Stars. An' she done ben watchin' out fo' each and ev'ry little child O Mother Earth be they two an' yet comin' or fifty-two an' almost an adult, Mammy cares fo all dem kids.

An' this ceremony in the Name of Immanuel, in the Name of Quan Yin, may it be an example, a way for the Peoples to call through their memories the Sacred Laws to themselves and awaken unto them the Twelve Steps of the Wheel of Humanity and the Twelve Doors to the Stars.

An' Mammy do give thanks to Brother Standin' Elk for guidin' us forward. An' Mammy do give thanks to Two Stars for the cheer of carryin' it forward an' does bless that one One Eye who integratin' and awakenin' and helpin' from where he is.

An' SilverStar for holdin' the ground, "Thank ya, Sister."

An' to the Pathfinda', funny though he is, Mammy say, "thank you."

An' know that this ceremony here, you do it when you need a change, when you need a shift, 'cause it does call in the Star energies to heal the Earth in twelve places that

is holy, dat their radianee through these Sacred laws does expand through connection with Universe. Mammy does say to all them childrens, all them childrens out there, "EAT YO' SHO'TNEN BREAD!